

YouthLine

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School Suicide Prevention & Wellness Mini Grants: 2022-2023 Academic Year Summary Report

The School Suicide Prevention and Wellness (SSPW) program is coordinated by YouthLine, a service of Lines for Life. The program launched in 2020 in response to legislation requiring every Oregon School District to develop a comprehensive district Student Suicide Prevention Plan.

While policy is an effective way to ensure suicide prevention programming is created, we recognize the importance of caring individuals at the school and district level, who carry out the work and greatly influence the success of new programs, procedures, and policies.

In addition to the support of the SSPW program, many of these individuals identified a need for funding to assist the process of implementing suicide prevention programs and initiatives in their schools and districts.

Nearly 50% of grantees reported that Lines for Life is their only source of funding to provide school level suicide prevention activities

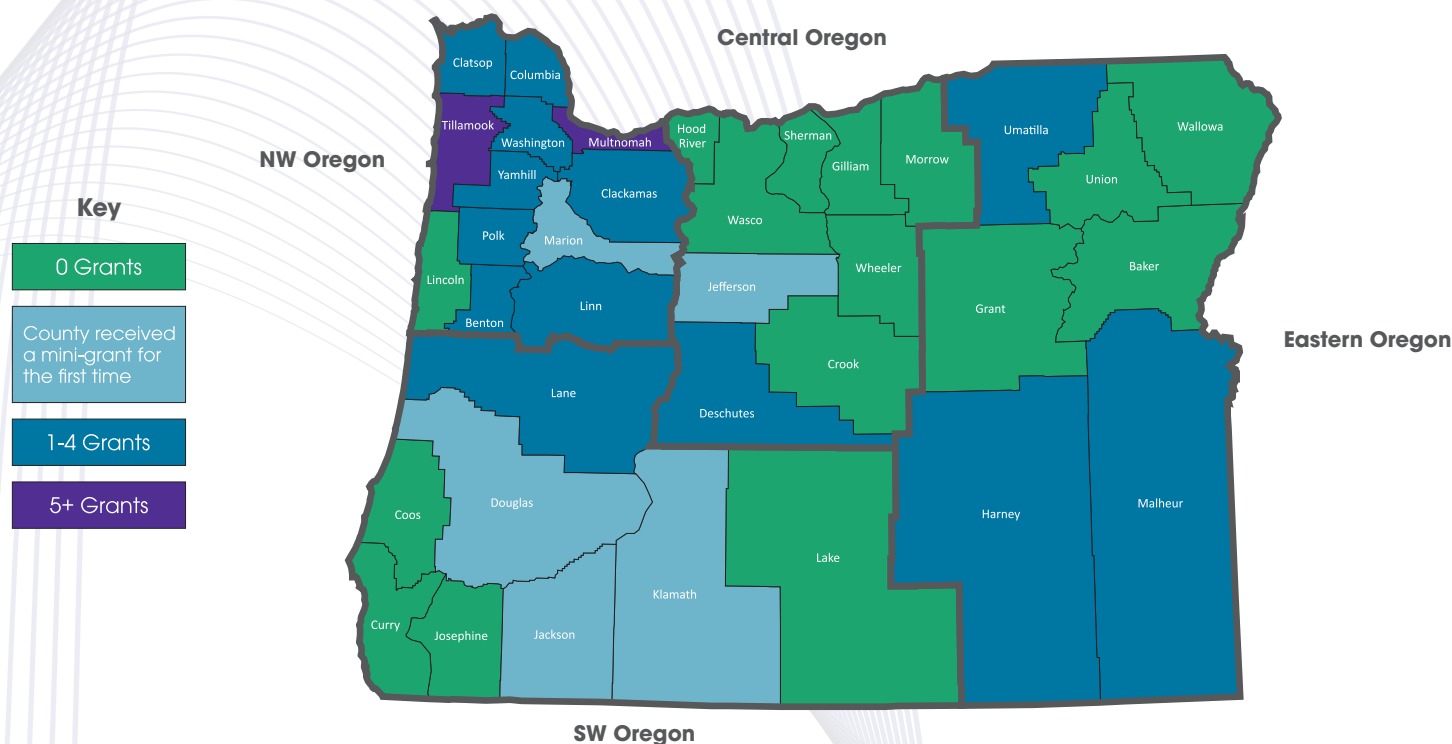
With the help of **Columbia Pacific CCO, Spirit Mountain Community Fund, Oregon Community Credit Union, Providence Health & Services, Walmart, and Congressional Directed Funds**, we distributed over \$133,000 in mini grants directly to schools and school districts during the 2022-2023 school year.

Total Awarded for School Year 22-23 \$133,360.00

- 55 unique grants were awarded
- Awards ranged from \$1000 - \$4000
- 30% of awards went to elementary and middle schools

"Partnering with Lines for Life has been instrumental in getting our suicide prevention program planning off the ground. We have worked closely with the SSPW coordinator in our region throughout the process. Their insight and guidance have been of great value to the work we are currently doing."

"When I reach out to Lines for Life, I always walk away from these conversations with a wealth of knowledge and resources. They help me think bigger within our suicide prevention work."



In past years, the majority of funds went towards schools or districts purchasing curriculum, and this year we saw creative and intentional approaches to engage with students of all ages and identities. Five counties received a mini grant to one or more of their schools for the first time!

Examples of impactful uses of awards this year:

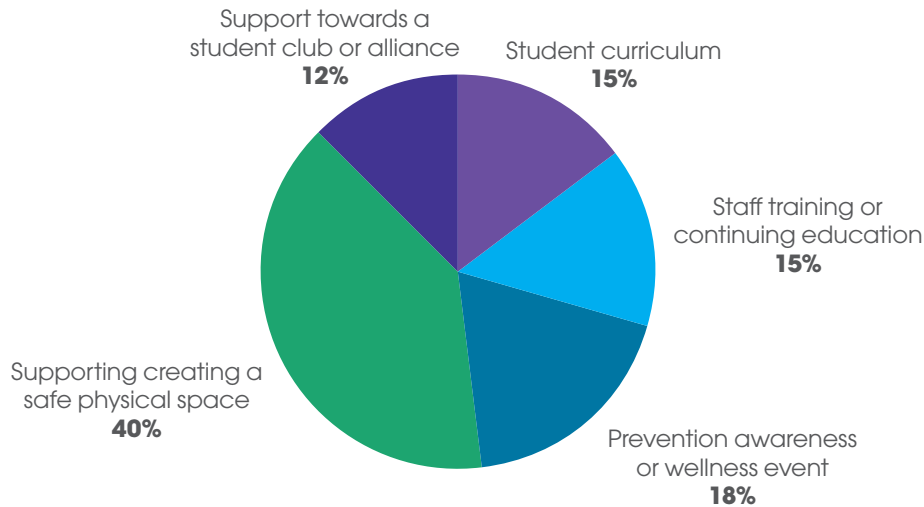
- Creation and facilitation of a biweekly Diversity Club for 4th and 5th graders of color at Hayhurst Elementary School to talk about respect, differences, and identity with the goal of increasing belonging, connectedness, trust, and celebration.
- Atkinson Elementary School focused staff time for data review, reflection and professional development linking suicide prevention and diversity, equity, and inclusion efforts in the district.
- Ockley Green Middle School is piloting a culturally responsive suicide prevention group for Latinx girls (called "La Mariposa"). Grant funding supported curriculum, training, and supplies for journaling projects.
- Pride event promoting mental health support resources for a two-spirit student group at Chemawa Indian School featuring community leaders, stories of struggle and resilience, and traditional foods.
- Middle and high school Mental Health Awareness and Substance Abuse Prevention Day using suicide prevention curriculum – see the news story here: [Athena-Weston schools use day to teach about mental health, more](#)

"One student shared about being able to have a brave conversation with her mom regarding accessing mental health support regardless of the stigma. That is the most impactful statement I've heard in a long time."

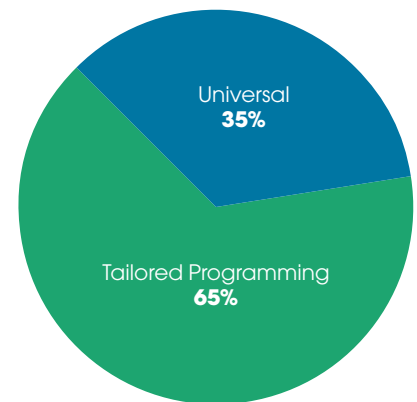
Mini Grant Recipient, Ockley Green Middle School



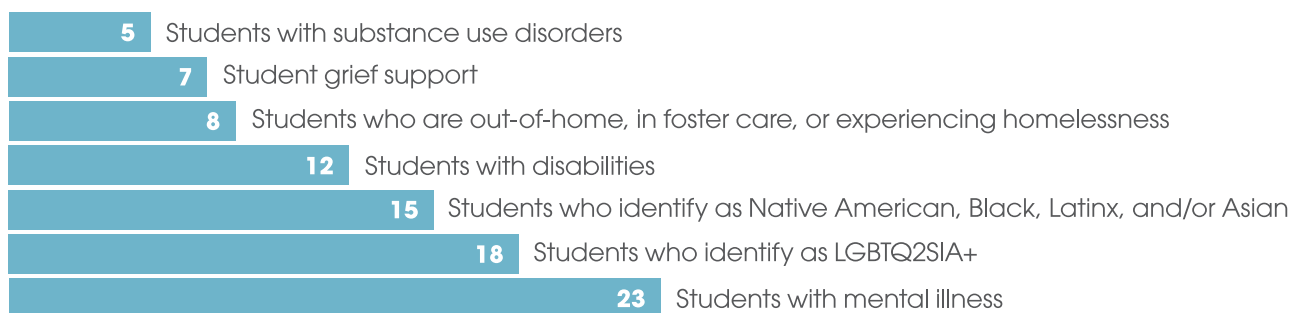
Primary Use of Mini Grant Award



Student Communities that Received Tailored Programming



Prevention Activity Intended to Reach Specific Populations through Adi's Act



"As a school counselor I would purchase some of these things on my own, with this grant I didn't have to and was able to provide support for students. I will continue my journey in helping empower students and preventing suicide."

"Thank you for providing this opportunity. Our students, especially after the pandemic, seem to thrive on positive interaction with their peers and our staff."