



Step 3: Suicide Prevention Plan Continuous Improvement: School District Advanced Self-Study Checklist



Suicide Prevention, Intervention, Postvention STEP BY STEP

Step 3

- ▶ **Identify your priority areas to set specific next action steps for enhancing your suicide prevention plan.**

You already have a plan in place. Now it is time to review your plan and determine how you can enhance it to be more responsive and impactful for your community. You can use this list annually as you review and update your plan. Remember to invite faculty and staff, students, and families to help review your plan each year.

Instructions

- ▶ Answer all of the questions.
- ▶ Determine their priority.
- ▶ Develop an action plan for implementing changes over the coming school year.

Ranking Your Priorities

- ▶ **Priority 1:** address within a few months.
- ▶ **Priority 2:** address within this school year.
- ▶ **Priority 3:** address next school year.
- ▶ **N/A:** Not a priority for your school at this time or already addressed.

SUICIDE PREVENTION PLAN CONTINUOUS IMPROVEMENT: SCHOOL DISTRICT ADVANCED SELF-STUDY

Priority Levels:

▶ **1** (Do now) ▶ **2** (Do this year) ▶ **3** (Do next year) ▶ **N/A** (Already addressed)

	Yes/No/ Unsure	Priority	Further Info.*
1. Which position(s) at your school or district could hold primary responsibility for annual updates to your suicide prevention plan if this task is not already assigned?	Yes No Unsure		
2. Has a request to update the school's or district's suicide prevention plan been added to the superintendent's or Board of Education's agenda? ▶ If so, is there an approved timeline and action plan? _____	Yes No Unsure		
3. Have you established a committee to gather feedback on suicide prevention efforts and update your plan? ▶ Who is involved with this committee? ▶ Are student and family voices represented? ▶ Are teachers, counselors, administrators, and staff represented? ▶ Are communities at higher risk for suicide represented? (i.e., students of color, LGBTQ+ students, etc.)	Yes No Unsure		
4. Are there visible, specific, and detailed strategies in place for students from high risk student communities, such as those identified in Adi's Act, who will benefit from additional cultural supports?	Yes No Unsure		ORS Language OAR Language
5. What adjustments can be made to enhance suicide prevention and mental health promotion activities? Are relevant, timely, age appropriate suicide prevention initiatives occurring across campus and the district for all grade levels?	Yes No Unsure		

SUICIDE PREVENTION PLAN CONTINUOUS IMPROVEMENT: SCHOOL DISTRICT ADVANCED SELF-STUDY (continued)

Priority Levels:

▶ **1** (Do now) ▶ **2** (Do this year) ▶ **3** (Do next year) ▶ **N/A** (Already addressed)

	Yes/No/ Unsure	Priority	Further Info.*
7. Have suicide risk screening protocols been adapted to be evidence-based?	Yes No Unsure		Oregon Toolkit for Suicide Intervention in Schools
8. What adaptations to your suicide intervention plan can directly address the challenges schools are currently facing with intervention?	Yes No Unsure		
9. Have you analyzed student data collected by the district, county, state, or other entities to determine priority areas for suicide prevention plan updates?	Yes No Unsure		Oregon examples include the Student Health Survey, discipline data, data from the Safe Oregon Tip Line.
10. What emerging issues have had the greatest impact on schools during the past academic year, and have suicide prevention, intervention, or postvention strategies been adapted in response?	Yes No Unsure		
11. How will you distribute state and federal guidance on suicide prevention, intervention, and postvention to all employees?	Yes No Unsure		
12. Has the postvention section of the school district's plan been reviewed to ensure it is current? Have any recent student suicides highlighted the need to update or expand parts of the postvention plan?	Yes No Unsure		After a Suicide: Postvention from Know the Signs
13. How will the suicide prevention plan be distributed after it has been updated, ensuring all relevant personnel are aware of any changes to the plan?	Yes No Unsure		

*Further information available: www.theyouthline.org/step-by-step/

SUICIDE PREVENTION PLAN CONTINUOUS IMPROVEMENT: SCHOOL DISTRICT ADVANCED SELF-STUDY (continued)

Priority Levels:

▶ **1** (Do now) ▶ **2** (Do this year) ▶ **3** (Do next year) ▶ **N/A** (Already addressed)

	Yes/No/ Unsure	Priority	Further Info.*
14. If no changes are made to the suicide prevention plan, what strategies will be employed to send the plan to relevant personnel across the school and district to remind them of their roles related to suicide prevention, intervention, and postvention on campus?	Yes No Unsure		
15. What mechanisms can you put in place to collect information, data, and experiences throughout the year to inform the annual update to your plan?	Yes No Unsure		

Notes:

Notes area (shaded gray)

*Further information available: www.theyouthline.org/step-by-step/